

# On my desk THIS MONTH

**S**t. Joseph's Food Pantry is probably typical of many food pantries across the U.S.: It serves a population in need (70 families and 56 seniors monthly), is always on the search for donations, and is staffed by a dedicated, hardworking group of volunteers. I came to St. Joseph's two years ago with my daughter's Girl Scout troop and have volunteered monthly ever since, perfecting my shelf-stocking skills and delivering groceries to a nearby senior home (I'm the muscle!). St. Joe's is a wonderful example of how we rally around our less fortunate neighbors. On page 50, meet three women who came up with innovative ways to combat hunger in communities with disturbingly high rates of food insecurity: Native Americans, people in rural areas, and active-duty military families. Our story was inspired by filmmaker (and 2018 *Woman's Day* Red Dress Award honoree) Lori Silverbush, who cofounded the nonprofit A Place at the Table. To truly eradicate hunger in the U.S., says Lori, we need to think beyond our communities and focus on changing policy. "The reason people go hungry is not because of an act of God or any shortage," she says. "It is simply the inability to afford the cost of food." In this season of plenty, that's food for thought.



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**IN REMEMBRANCE**  
WD is sad to share that Sonia Kendrick, whom we profiled in "Hope Grows" (May 2018), has passed away. "She was a bright star whose light went out too soon," says Eric Wullner of Feed Iowa First, the nonprofit that Sonia—a veteran—founded. Read the story at [womansday.com/hopegrows](https://womansday.com/hopegrows).



**Rule #1 of food donation: Never drop off anything you wouldn't eat yourself (check the expiration date!).**

The St. Joseph's crew! Front, from left: Nancy Nevius, Fran Stanzione, Roseann Sharo. Rear: Lynne Blaesser, Anne Zagar, Kurt Zagar, Mary Boehner, Bev Pirozzi, Dom Pirozzi, Ron Murphy, Don Blaesser.

## OUR SHEROES

U.S. Senator Kirsten Gillibrand's terrific new children's book—with gorgeous art by illustrator Maira Kalman—tells the stories of 10 historical women who fought for the right to vote, including Elizabeth Cady Stanton and Ida B. Wells. The message to girls: Go after your dreams. (\$19, [amazon.com](https://amazon.com) and independent bookstores)

## WRITE TO US

at [womansday@hearst.com](mailto:womansday@hearst.com) or *Woman's Day*, 300 West 57th Street, New York, NY 10019. Submissions are edited for length and clarity.

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