



10 Most Needed Donation Items

Hot & Cold Cereals (low-sugar)

Shelf-safe Milk

Peanut Butter

Pasta (whole wheat or regular)

Pasta Sauce (in cans)

Tuna (in water)

Canned Vegetables (no-salt or low-salt)

Canned Fruit (in juice, not syrup)

Rice (1 lb. bags)

Beans (canned or dried)

Contact Us to Find Out Where These Items are Needed Most

info@mendnj.org or 862.250.5216